

# Managing Your Servicemembers' Group Life Insurance



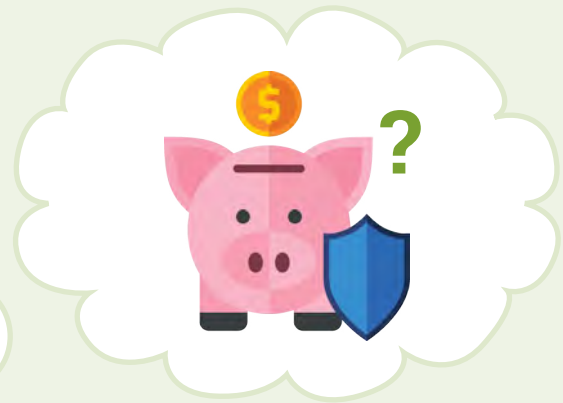
## This is Olivia.

- ✔ 18 years old
- ✔ Newly enlisted in the Navy
- ✔ Active duty

Her service automatically enrolled her in [SGLI](#) for the maximum coverage amount of \$400,000. The monthly premiums are taken out of her pay.

Olivia was glad to know her beneficiary would be taken care of in the event of her death, but she wondered:

**Being unmarried and without children, did she need that much coverage?**



To find out, she used a [life insurance needs calculator](#) from the Veterans Benefits Administration.

Then, she signed into her [milConnect](#) account to manage her benefits.

**Olivia now feels confident in her coverage – and knows she can always make updates when she reaches new life milestones.**

As you reach new milestones and complete [service-required trainings](#), look to the Office of Financial Readiness [website](#) for more information and follow @DoDFINRED on:

